

nepal

at a glance...



Lifetime
Experiences!

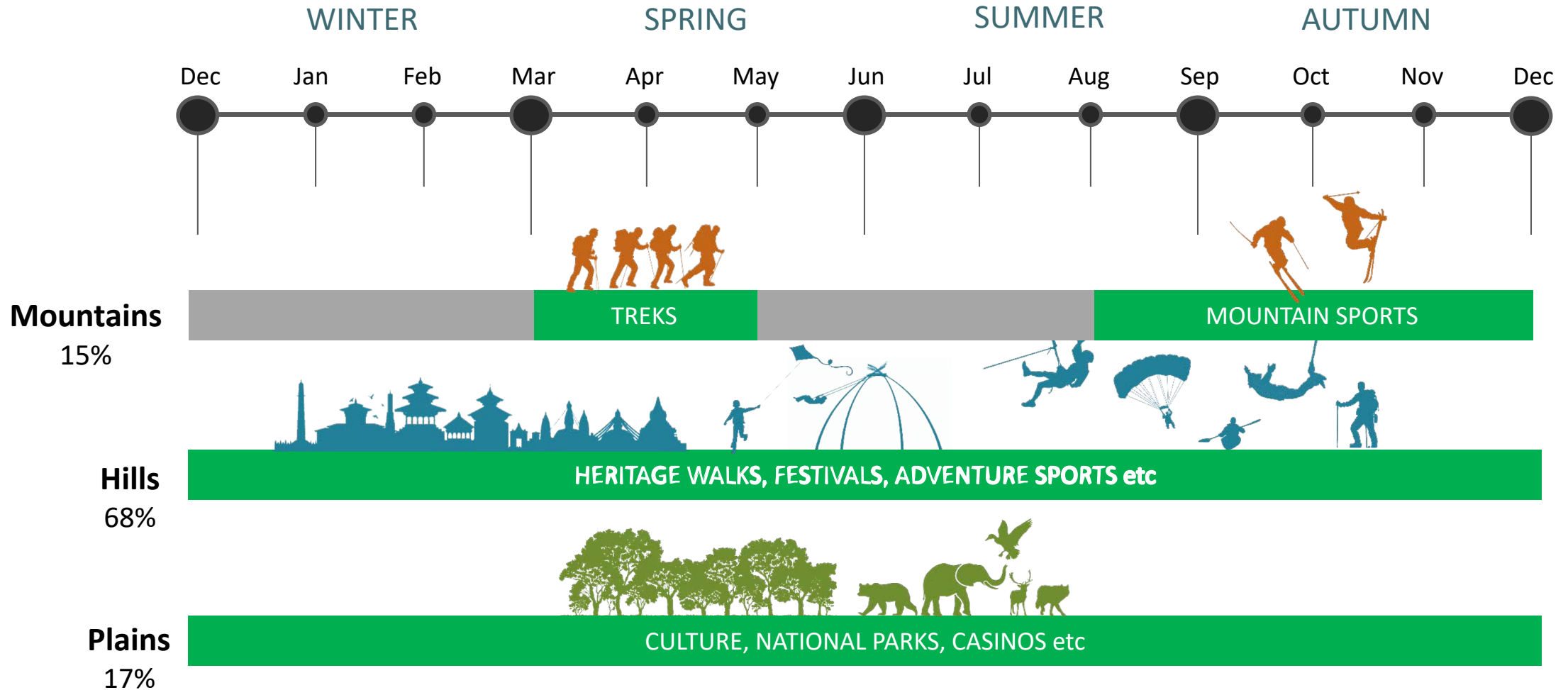
www.welcomenepal.com



CONTENTS:

1. INTRODUCTION
2. NEPAL YOU KNOW
3. UNEXPLORED NEPAL

FOUR SEASONS in nepal





Living Cultural
Museum



Elevation 60m to 8848.86m
The Highest point on the
Earth, Mt. Everest

Lifetime
Top Experiences!

Inhabited by 125 ethnic
communities
Speaking 123 different
languages/dialects



Destination of Nature,
Culture and Adventure
activities



**RICH in
FLORA AND FAUNA**

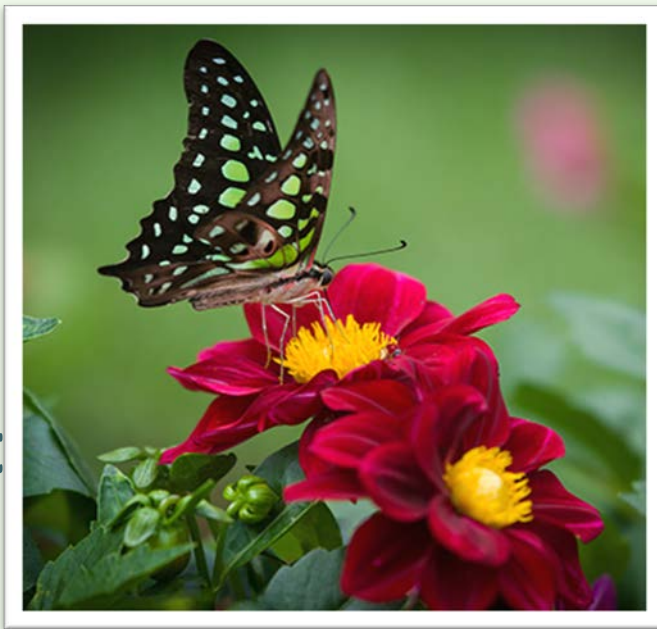
844

Species of
the world's birds



635

species of but



319

species of exotic o



5,160

species of the w
flowering plants



Mt. Everest

and 8 other 8,000+
meter tall peaks

(Deepest Gorge
Kaligandaki)



Tilicho

World's Highest altitude
clean water lake (4913m)





NEPAL

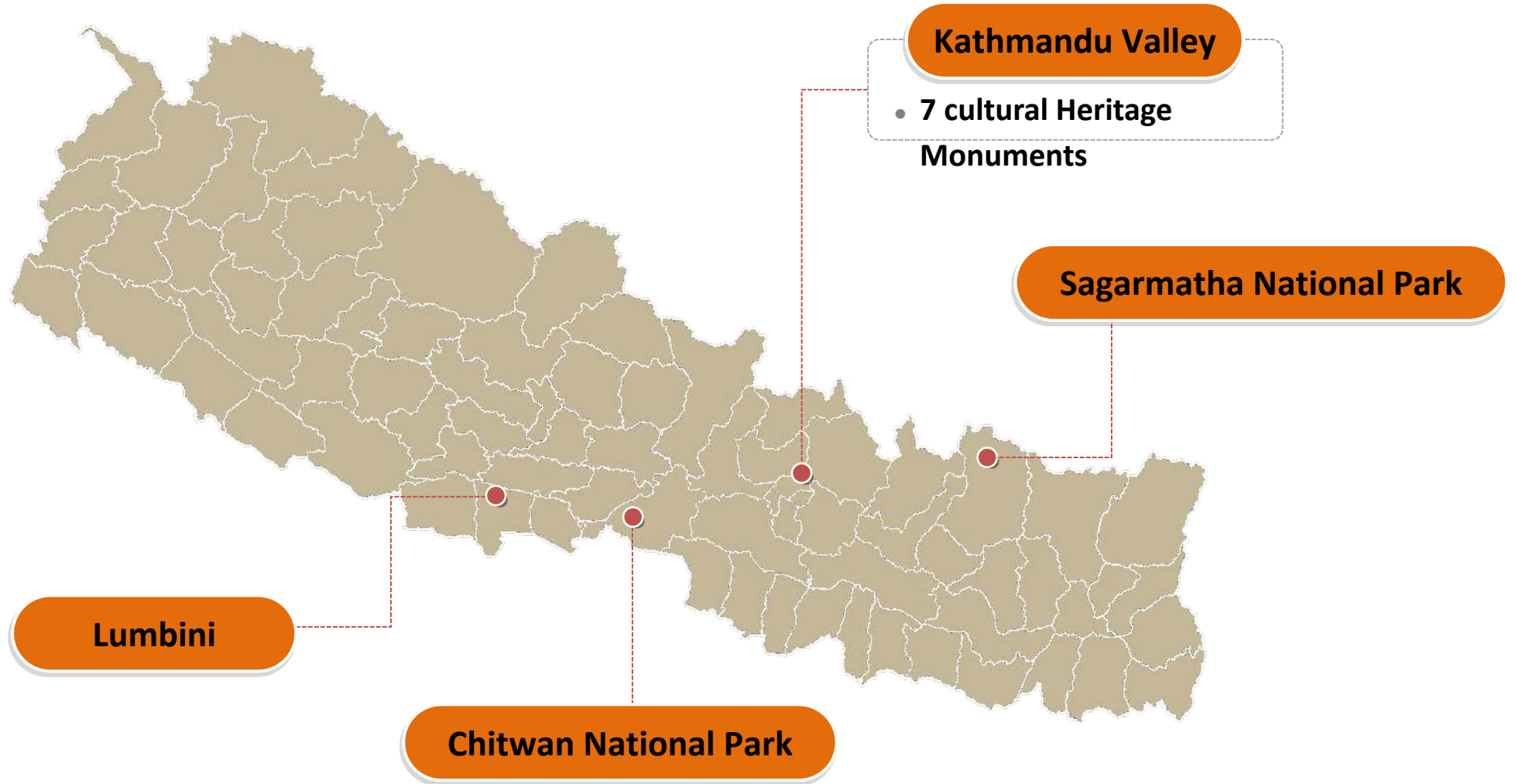
Cultural Harmony



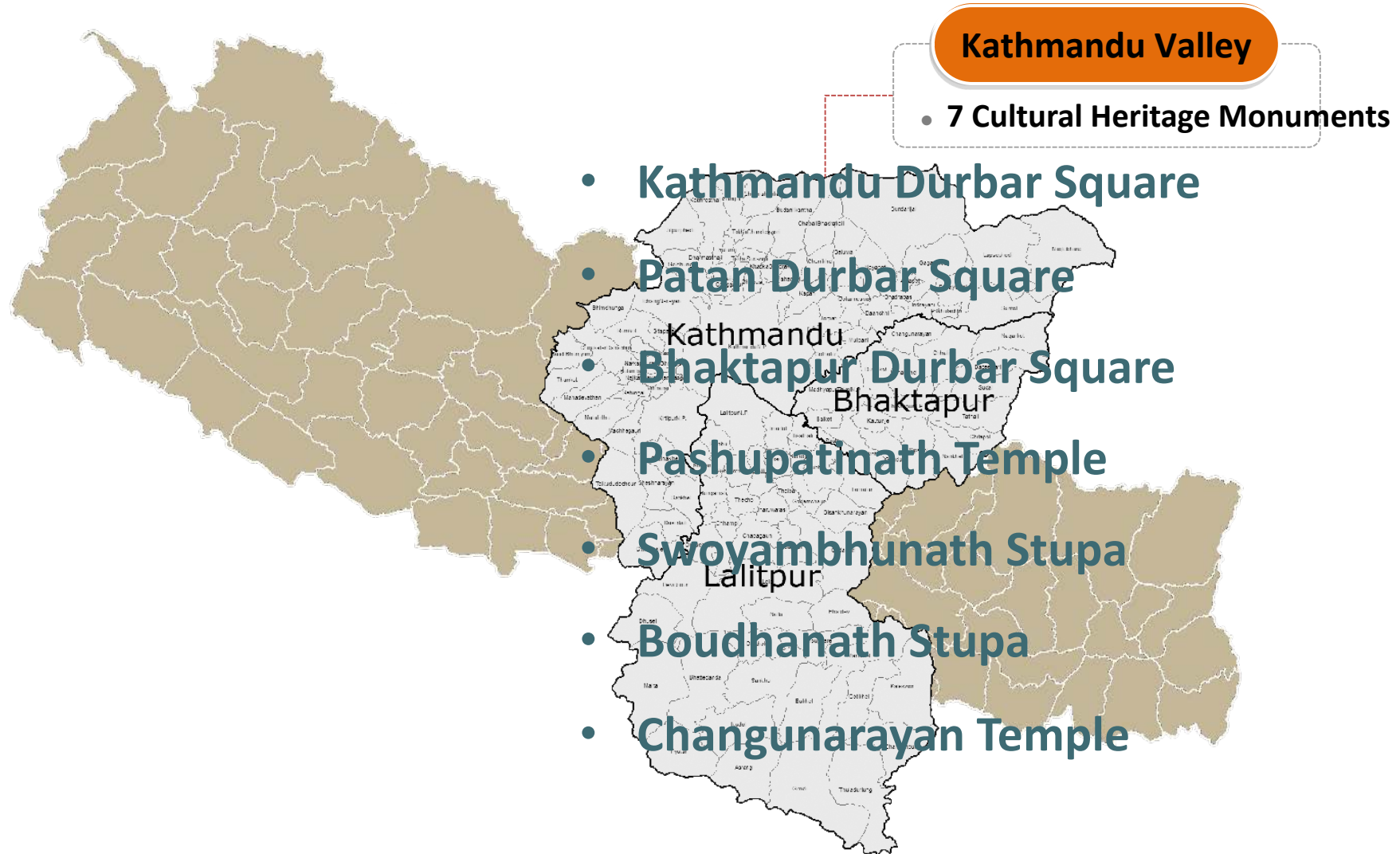


**NEPAL
YOU KNOW**

UNESCO WORLD HERITAGE SITES



UNESCO WORLD HERITAGE SITES



Kathmandu
Durbar Square

Patan
Durbar Square

Bhaktapur
Durbar Square

Pashupatinath
Temple



Swayambhunath
Temple

Boudhanath
Stupa

7

Cultural Heritage Monuments In the KATHMANDU VALLEY

Changunarayan
Temple



LUMBINI

BIRTH PLACE
OF
LORD BUDDHA



CHITWAN NATIONAL PARK

HOME TO
MANY
ENDANGERED
ANIMALS



SAGARMATHA NATIONAL PARK

INCLUDES
WORLD'S HIGHEST
PEAK,
MT. EVEREST



Receive the blessing
of KUMARI,

World's
Only Living Goddess

*Lifetime
Experiences!*



CULTURAL
RICHNESS

CELEBRATIONS throughout the year





AS MANY DAYS
AS
FESTIVALS

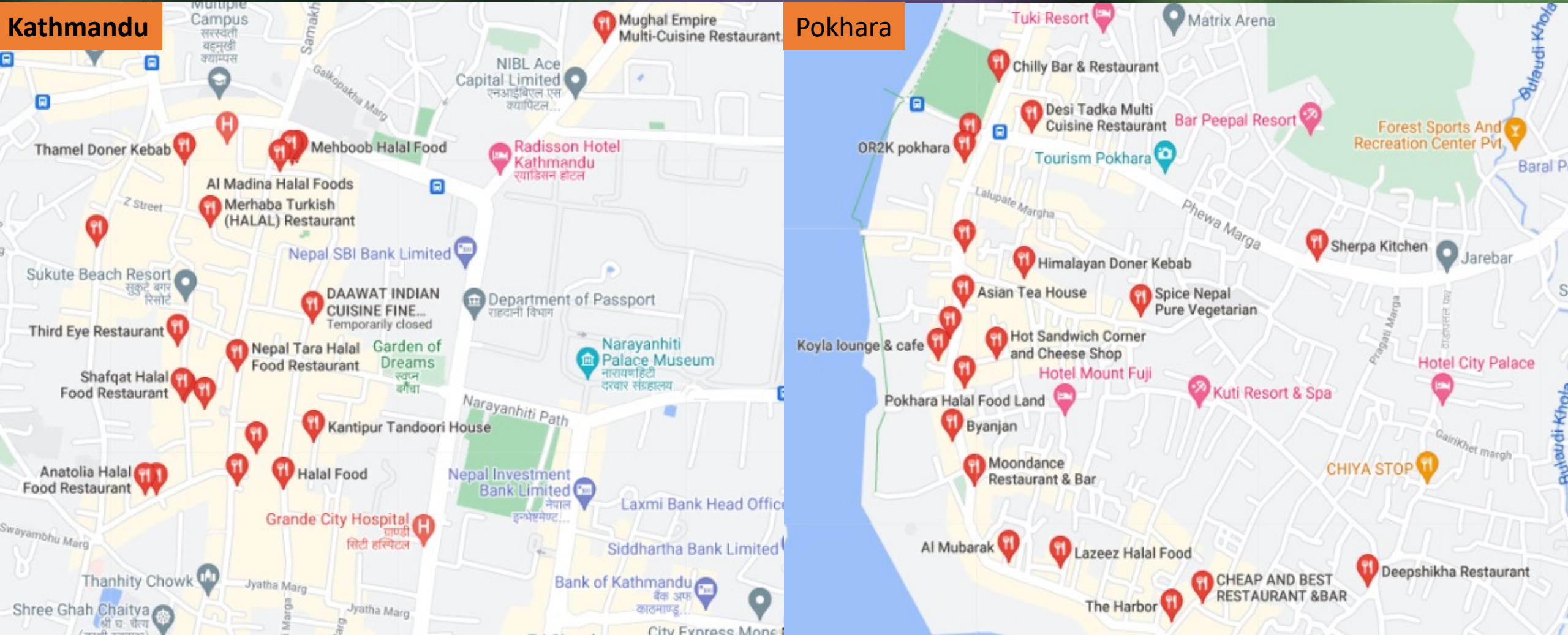


TRADITIONAL CUISINES



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Halal Food Restaurants



Available in major tourist destinations in Nepal

Lifetime
Experiences!

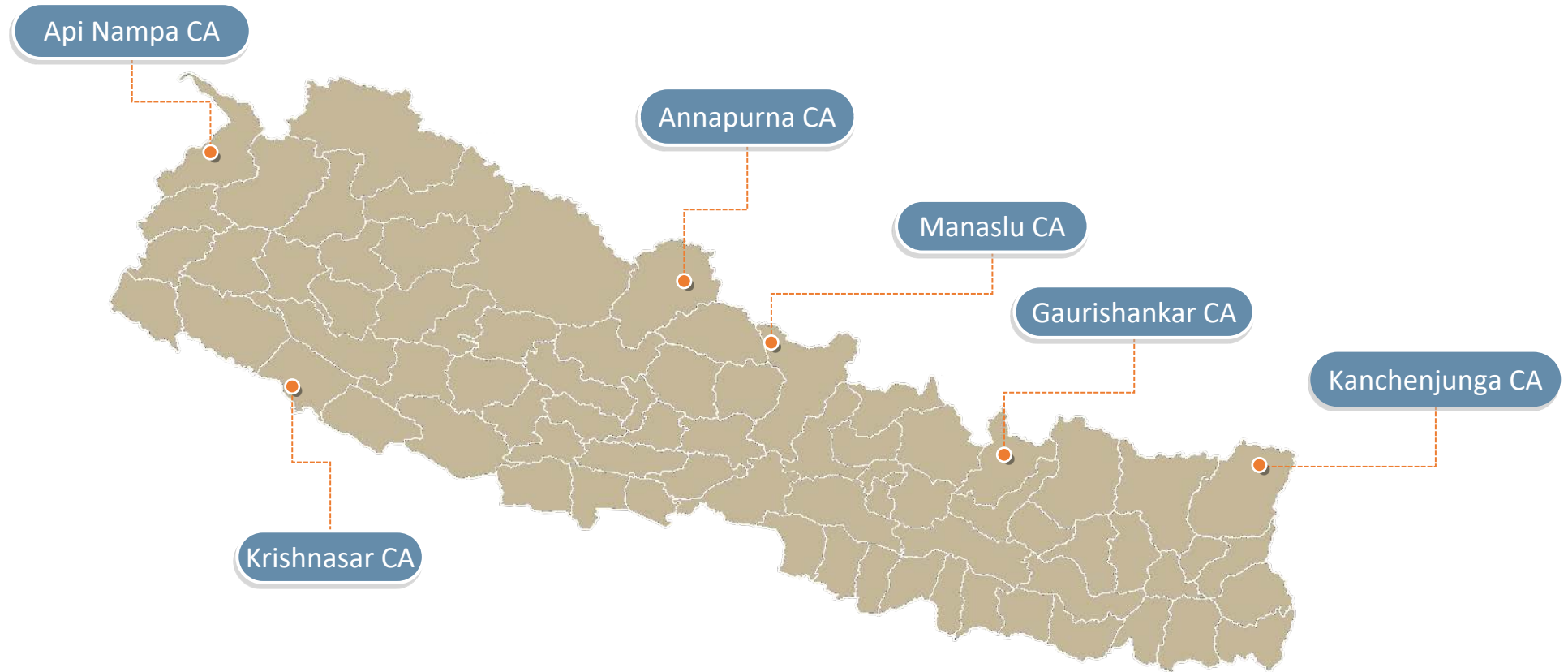


WILDLIFE



12

NATIONAL
PARKS

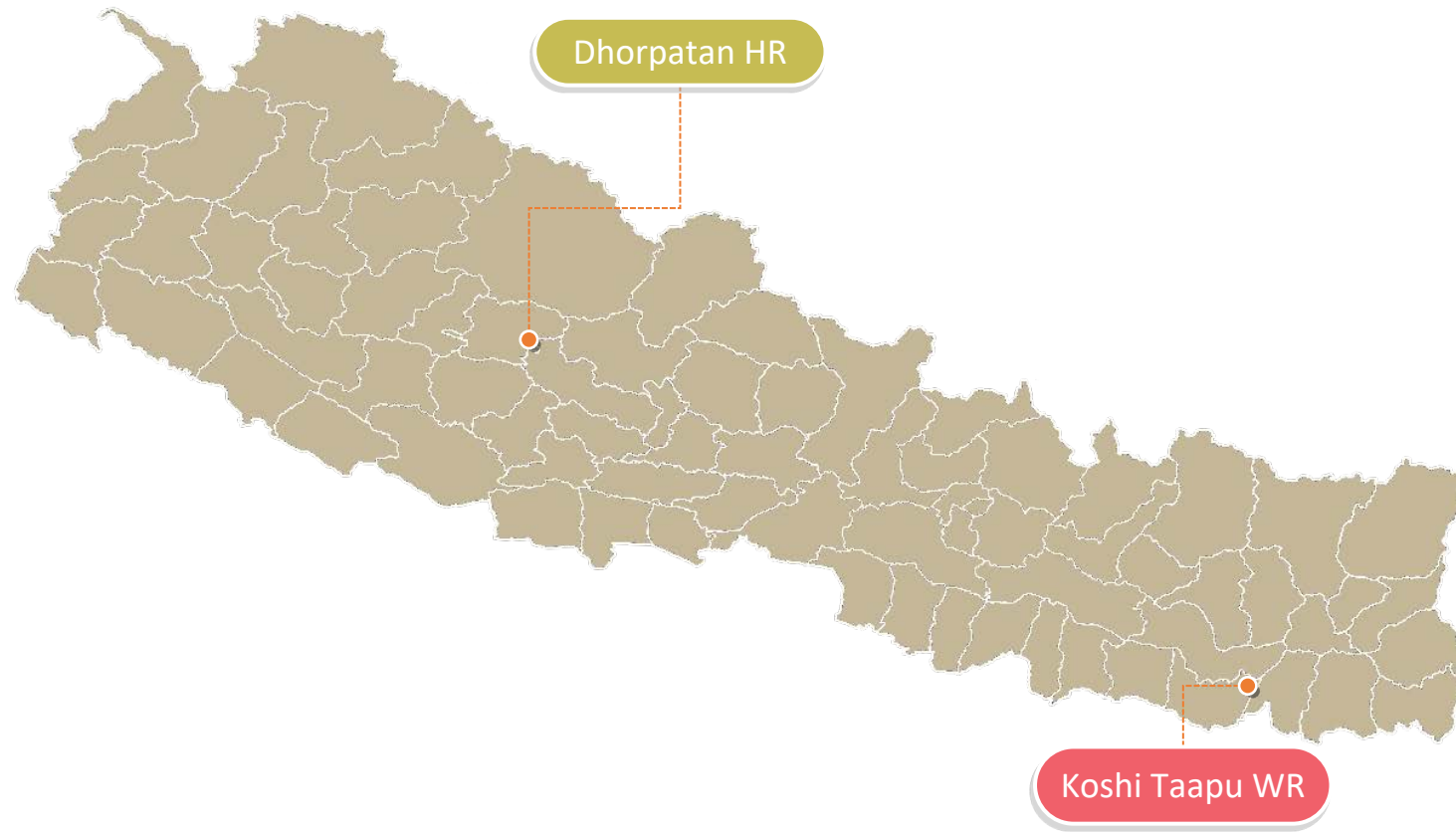


12

NATIONAL
PARKS

6

CONSERVATION
AREAS



12

NATIONAL
PARKS

6

CONSERVATION
AREAS

1

WILDLIFE
RESERVE

1

HUNTING
RESERVE



23.39% of the Country's Total Land



ROYAL BENGAL TIGER

AN ENDANGERED SPECIES





One Horned Rhino

An Endangered Species



PRISTINE
LAKES



HEAVEN
ON
EARTH IS NOT A
CLICHÉ





BREATHTAKING
VIEWS OF
THE
MOUNTAINS



Adventurer's
PARADISE





BUNGEE JUMP

FEEL THE GRAVITY



MOUNTAIN SPORTS



AERIAL SPORTS



MARATHON



MAKE YOUR WAY UP TO THE HIMALAYAS

TREKKING



Some of the **WORLD RENOWNED TREKS**

Great Himalayan Trail (150 days)

Annapurna Circuit (15-20 days)

Everest Base Camp (11-14 days)

Langtang Valley Trek (8-12 days)

Gosaikunda Trek (5-7days)



Mid hill Trail

Easy trekking trail where children to older people can trek.



High Profile Climbers following Trekking and Mountaineering Resumption

Bahrain Prince Mohammed Hamad Mohammed Al Khalifa with Bahrain Royal Guard Expedition successfully scaled

- **Mt. Manaslu (8,163 metres)** on 15th October 2020 &
- **Mount Everest (8,847.86)** on 11th May 2021.



High Profile Climbers from Middle East

Prince of Qatar
Sheikh Mohammed bin Abdulla Al Thani & his team successfully scaled Mt. Amadablam (6,814 meters) in the Everest Region on 11th November 2020



Asma Al Thani
Route to Everest

My journey to becoming the first Qatari woman to climb Mount Everest, and the first woman from the Middle East to complete the Explorers Grand Slam, which involves climbing the Seven Summits and reaching the North Pole and South Pole.

Asma Al Thani,
First Qatari Woman to scale Mt. Everest
8848.86m

*Lifetime
Experiences!*

INCLUSIVE TOURISM

TRAILBLAZER IN ACCESSIBLE TREKKING



BEYOND MARKETS TO NICHE SEGMENTS

MICE

HONEYMOONERS

GOLF

FAMILIES

CULTURE LOVERS

SOFT ADVENTURE

SPORTS

SPA & WELLNESS HOLIDAYS

MEDITATION, LIFESTYLE

FLIM CREWS/ FILMS LOCATIONS

WEDDINGS





IN THE WOODS

- 6,755 yard par 72 course
- The only bent grass greens on an 18 hole course in South and South East Asia.
- Play in the company of shy spotted deer, barking deer, and exuberant monkeys



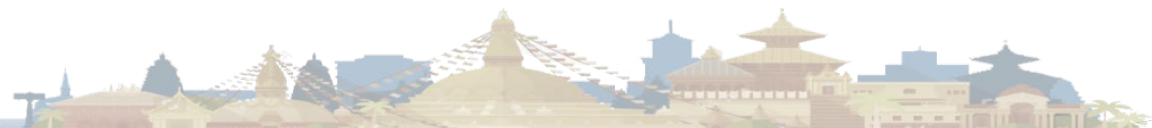


WEDDING DESTINATION



CLUBBING





CLUBS



LOD





CLUB PLATINUM



CLUB IBYZA



CLUB SUGAR



BUSYBEE

14 Casinos

9 Mini Casinos



CASINOS



CASINOS

A woman in a black and gold casino croupier uniform stands behind a roulette table. A man in a dark suit is leaning over the table, placing bets with his hands. The table is covered with a green felt and has various colored chips (blue, yellow, green) scattered across it. In the background, other casino tables and patrons are visible, along with a television screen displaying a sports event.



TIGER PALACE RESORT



BALLY'S CASINO



MILLIONAIRE'S CLUB



CASINO PRIDE

FILM CREWS/ LOCATIONS



WORLD CLASS ACCOMMODATION



**INTERNATIONAL
LUXURY
BRANDS**



International Chain Hotels In Nepal

- Crown Plaza
 - Hyatt
 - Radisson
 - Marriott
 - Marriott Fairfield
 - Sheraton
 - Hilton
 - Aloft
 - Dusit Thani
 - Shangri-La
 - Heritage Hotels
 - Luxury Resorts
 - Domestic Luxury Chains
 - Exotic Resorts
 - Boutique hotels
 - Pavilions
- 

















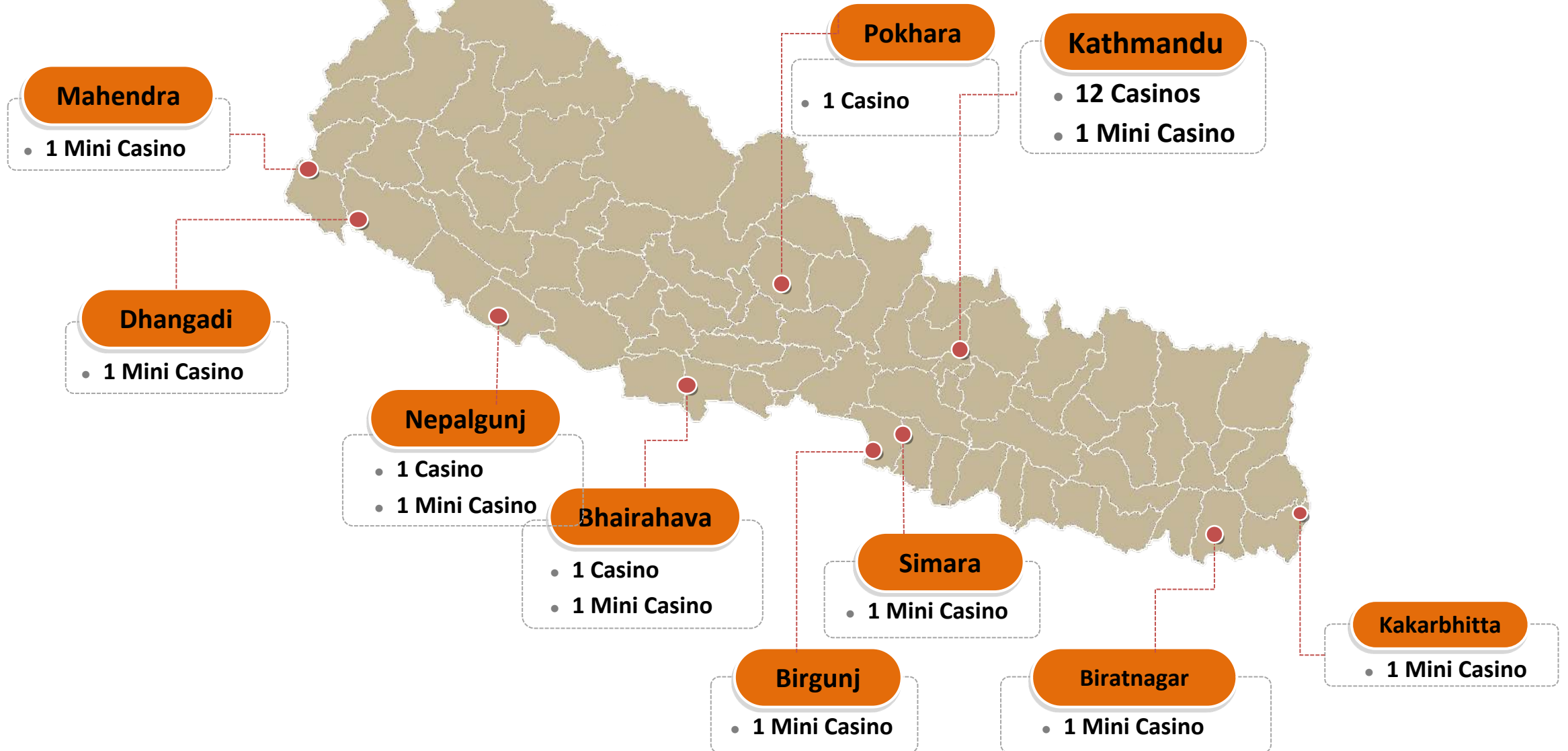








CASINOS



HEALTH CARE FOR TOURISTS



International Quality
Medical Facilities



Well equipped
Health Care Units and
Emergency Rescue Posts
at major trekking and
mountaineering sites



Traditional
Ayurvedic Hospitals and
Healing centers



Events organized/Participated by NTB in Middle East

Tourism Fairs

- Arabian Travel Mart, Dubai, UAE
- International Mediterranean Tourism Market
- Participation in Dubai Expo

Joint Promotion with Nepal Embassies

- Nepal Evening Israel
- Nepal Evening Cyprus
- Nepal Evening Dubai
- Nepal Evening in Doha Qatar

FAM Trips & Invitation to Media, Bloggers, Influencers during Himalayan Travel Mart from Middle East and other NTB specific Programs



THE UNEXPLORED nepal

Mid Hills (800 -2000m)

ILAM

Vantage Point for Sunrise
and Lush Tea Gardens



Tinjure Milke Jaljale

Famous for Rhododendron Blossoms



NUWAKOT

A Historic Town



GORKHA

Modern History Begins here



RANI MAHAL

(Queen's Palace)

Symbol of love



KHAPTAD

Center for Meditation
and Medicinal Herbs



Things to do...



Experience Local Homestays



Enjoy
Sunrise and Sunset

Things to do...



Participate in
local cultural activities

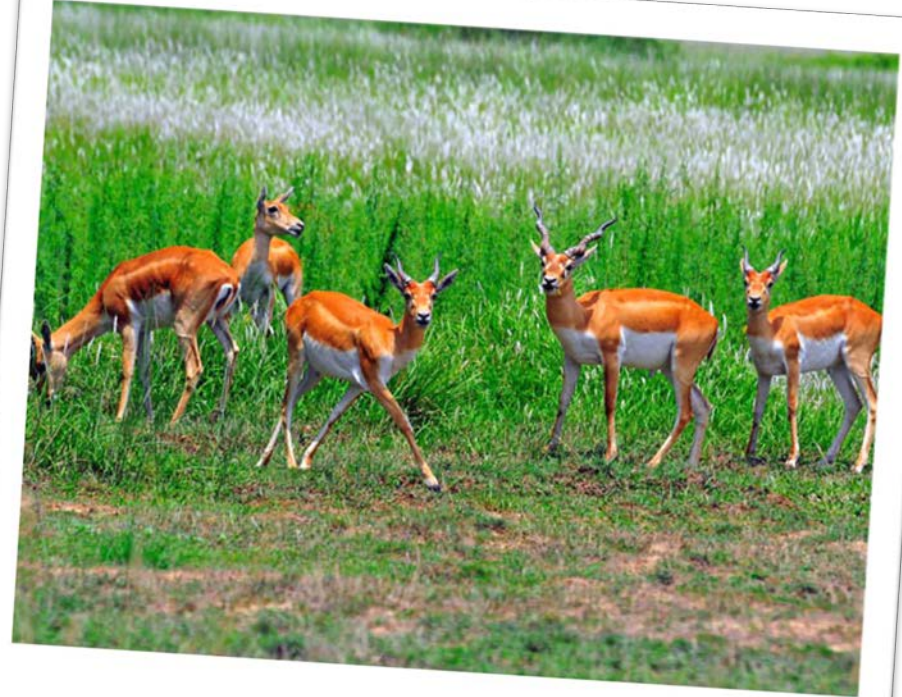


Relish local cuisines

Things to do...



Walk into the Jungle

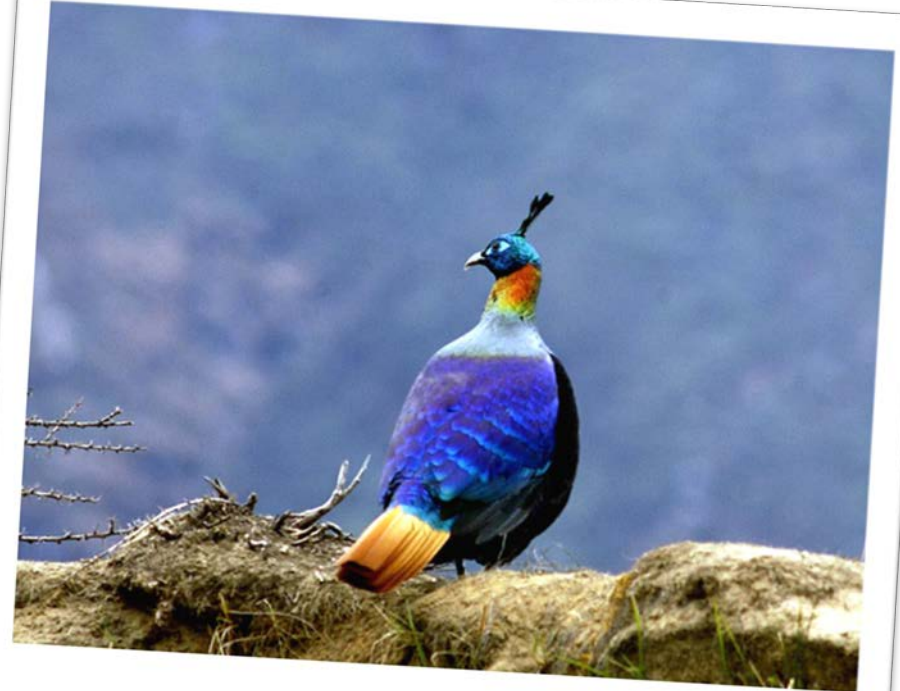


Spot Deer in the wild

Things to do...



Rejoice the company at Riverside



Watch colorful birds

nepal

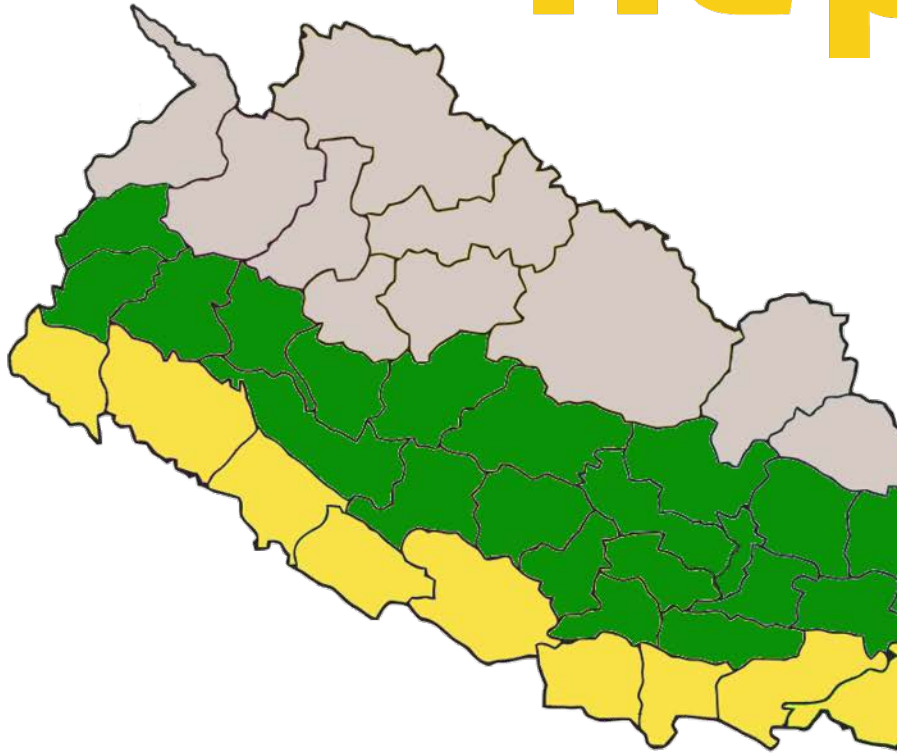
is for

EVERYONE

EVERY AGE

ALL SEASONS

nepal



Diversity in short landscape





MAJESTIC MOUNTAINS
in the north



RIVER BEACHES



THRIVING JUNGLES
in the south

You won't miss
SUN, SAND AND SEA

A satellite map of the Indo-Gangetic Plain region in South Asia. A red outline highlights the main body of the plain. A white, fog-like overlay is visible across the northern part of the plain, indicating widespread winter fog. The surrounding terrain includes the Himalayas to the north and the Bay of Bengal to the east.

**Widespread winter fog blanketing the
Indo-Gangetic Plain**

Sunny Mid Hills from Dawn to Dusk



Mid Hills

Fresh Water Beach





11/5/2002



2001

2018

nepal



Rani Mahal

Lifetime
Experiences!

One of the potential destinations for rejuvenation post COVID-19

- Wanderlust -



21 Go overland to Europe & Asia

What? Muslim-day travellers can recreate the classic happy trail, travelling from London to Kathmandu without a plane in sight. Board the train at St Pancras station, travel across the continent - stopping at Brussels, Berlin, Warsaw, Kiev and Moscow along the way - before swapping to a truck in St Petersburg and heading off across the Caucasus, the Silk Road and the Tibetan plateau, bound for the Himalayas. Slow, big travel at its best.

The trip: A 98-day Exploratory London Kathmandu Ultimate Asia Overland trip with Overland.co.uk costs from £10,995 (plus \$2,250 local payments), excluding flights.

Suggested by: James May, Overland.co.uk

Go to: 0800 383400, www.overland.co.uk

22 See four islands on foot

Azores, Portugal

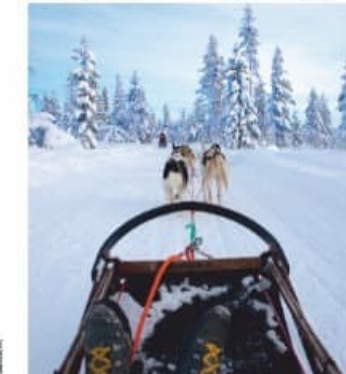
What? From across the ocean, you can see four islands on foot, including the Azores, which makes

walks the perfect speed at which to explore. In a fortnight, you can amble around four different islands, following trails and ancient volcanoes, coastal lakes and hot springs, via peaceful beach beaches, vineyards tucked into lush flows and enclaves of vibrant traditional houses. Don't miss heading into traditional churches, a feast cooked underground using geothermal heat.

The trip: A 14-night Charm of the Azores small group trip with Rambles Walking Holidays costs from £2,649, including flights.

Suggested by: Gemma Chase, Rambles Walking Holidays

Go to: 01707 88337, www.ambleswalkingholidays.co.uk



INSIDER SECRETS



23 Hike with huskies

Arctic Sweden

What? There's no need for snow to feel the thrill of travel by husky power. Head out on a sunrise or sunset walk in Swedish Lapland with local huskies, with your own pack attached to you. As the dogs gently pull you along, learn about the mushing lifestyle, identify wildlife tracks, breathe in the fragrant forest and stop for a traditional Swedish coffee and cake break with unbeatable views.

The trip: A seven-night Lapland Husky Arctic Sweden take home trip with Discover the World costs from £2,895, including flights.

Suggested by: Gemma Chase, Discover the World

Go to: 01217 88337, www.discovertheworld.co.uk

24 Opt for island life

Croatia

What? A designated nature park, this tiny island of 17km² was closed to tourism during the Yugoslav years, and still sees few tourists. Discover how the locals live by spending a day at sea with a fisherman, making vineyards, sampling the local cheese and cycling, swimming and sailing around the secluded bays.

The trip: A two-day Croatia Island Life small group trip with Inspire Travel costs from £2,595, including flights.

Suggested by: Nadia Wolford, Inspire Travel

Go to: 0800 734 581, www.inspiretravel.co.uk

25 Camp on the ice

Antarctica

What? To feel like a proper polar explorer, spend a night under canvas on the White Continent. From the ice you can easily imagine how the pioneers felt: bug your kit to your campsite by sled, watch the play of light on the mountains as you huddle into a cosy sleeping bag and then listen to the shifting of ice and the clanking of skis.

The trip: A 10-day 20th anniversary of Antarctica from London to London with Hapag-Lloyd Cruises costs from £2,995, including international flights.

Suggested by: Sam Matthews, Hapag-Lloyd Cruises

Go to: 0800 508291, holidays.com

Lonely Planet ranks Nepal's Everest base camp as 4th best trek in the world

The trail passes through Sherpa villages, glaciers and finally to the lap of Mt Everest, the world's highest mountain.





SKÅL INTERNATIONAL

Association Internationale de Professionnels du Tourisme
International Association of Travel and Tourism Professionals
Asociación Internacional de Profesionales de Turismo

Fondée en • Founded • Fundada en 1934

PROUDLY CONFERS ON

NEPAL TOURISM BOARD

THE

SKÅL CORPORATE ORDER OF MERIT

FOR ITS OUTSTANDING SUPPORT TO SKÅL INTERNATIONAL

17 October 2020

Register N°: 29


Peter Morrison
President Skål International

A woman with her hair in a ponytail is sitting in a meditative pose on a large rock. She is wearing a white tank top and dark pants, with her hands pressed together in front of her chest. The background features a calm lake, snow-capped mountains, and a clear sky. The sun is low on the horizon, creating a soft glow. The text 'nepal awaits...' is overlaid on the image, with 'nepal' in yellow and 'awaits...' in white. A red dot is positioned above the 'p' in 'nepal'.

nepal awaits...

THANK YOU